



**Southern Psychiatric Association  
and Alabama Psychiatric  
Physicians Association present:**

**The Future of Psychiatric Practice:  
Exploring New Worlds  
October 11-14, 2023**

**Huntsville, Ala.**



**Agenda**

**Wednesday, October 11**

**6:00 p.m. – 7:30 p.m.  
Welcome Reception**

**Thursday, October 12**

**8:00 a.m. – 10:00 a.m.  
SPA Council Meeting**

**11:00 a.m. – 4:00 p.m.  
Registration**

**12:15 p.m. – 12:30 p.m.  
Welcome**

- Thomas Franklin, MD, SPA President
- Clinton Martin, MD, FAPA, APPA President

**12:30 p.m. – 1:30 p.m.  
Telepsychiatry Update**  
Donna Vanderpool, MBA, JD, Director of Risk Management, PRMS

**1:30 p.m. – 2:30 p.m.  
Surprise! You have been selected for audit! The ABPN Continuing Education Process from an Early Career Psychiatrist's Perspective**  
Chasity L. Torrence, MD, FAPA, Medical Director, Hinds Behavioral Health Services

**2:30 p.m. – 2:45 p.m.  
Break**

**2:45 p.m. – 4:15 p.m.  
Substance Use Panel**  
• Glenn J. Treisman, MD, PhD, Professor, Johns Hopkins University School of Medicine  
• Edward Thomas Lewis III, MD, Clinical Assistant Professor, Medical University of South Carolina

**4:15 p.m. – 5:15 p.m.  
Neuropsychiatric Manifestations of SLE**  
Shivani Malhotra, MD, Regional Chair, UAB Heersink School of Medicine

**Friday, October 13**

**7:00 a.m.  
Registration, Exhibits Open  
Continental Breakfast**

**7:00 a.m. – 8:00 a.m.  
APPA Membership Meeting**

**7:45 a.m. – 8:00 a.m.  
Welcome**  
Clinton Martin, MD, FAPA, APPA President

**8:00 a.m. – 9:00 a.m.  
Art and Mental Illness**  
Godehard Oepen, MD, PhD, DLFAPA, Psychiatrist, Grayson & Associates

**9:00 a.m. – 10:00 a.m.  
OCD and Beyond: Understanding Obsessive Compulsive Symptoms Across Diagnoses**  
Jonathan Hershfield, LCMFT, Director, Center for OCD and Anxiety, Sheppard Pratt

**10:00 a.m. – 10:30 a.m.  
Break, Exhibit Visitation**

**10:30 a.m. – 12:30 p.m.  
Future of Psychiatry Panel**  
• Daniel C. Dahl, MD, Supervising Psychiatrist, Birmingham Veterans Affairs Medical Center  
• Thomas Franklin, MD, President/CEO, MindWork Group

**12:30 p.m. – 1:30 p.m.  
Lunch with Exhibitors**

**1:30 p.m. – 2:30 p.m.  
The Name Game: All ADHD Medications are Not the Same**  
Mark S. Wright, MD, FAPA, Psychiatrist, Lexington Behavioral Medicine

**2:30 p.m. – 3:30 p.m.  
Aerospace Psychiatry Panel**  
• Erin Hayward, PhD, Physicist, NASA/Marshall Space Flight Center  
• Ian Maddox, Tech Development Lead, NASA  
• Julie Mason, NASA HERA Participant, Space Propulsion Engineer, The Boeing Company

**3:30 p.m. – 4:00 p.m.  
SPA Business Meeting**

**6:00 p.m. – 8:00 p.m.  
Reception**  
U.S. Space and Rocket Center

**Find links to register and reserve a room at [www.alabamapsych.com](http://www.alabamapsych.com)**

# Agenda, cont.

## Saturday, October 14

7:00 a.m.

### Registration and Exhibits Open

Continental Breakfast

Poster Viewing

7:45 a.m. – 8:00 a.m.

### Welcome

Thomas Franklin, MD, SPA  
President

8:00 a.m. – 8:30 a.m.

### SPA Resident Research Award Presentation: A White Matter Informed Model of Modulating Functional Connectivity with TMS

Andrew Murphy, MD, PhD,  
Resident Physician, Columbia  
University

8:30 a.m. – 10:30 a.m.

### Neuromodulation Panel

- Michelle Cochran, MD,  
DLFAPA, Chief Medical

Officer, NeuroScience & TMS  
Treatment Center

- Ali A. Farooqui, MD, Physician,  
Integrative Psychiatry, PLLC
- Eveleigh Wagner, MD, Staff  
Psychiatrist, Neuroscience &  
TMS Treatment Center

10:30 a.m. – 11:00 a.m.

### Break and Exhibit Visitation Poster Viewing

11:00 a.m. – 12:00 p.m.

### Long COVID and Neuropsychiatric Manifestations

John E. Fanning, MD, FACP,  
Regional Chair of Medicine,  
UAB Huntsville

6:30 p.m. – 7:00 p.m.

Cocktail Reception

7:00 p.m. – 9:00 p.m.

Farewell Dinner Gala  
Celebration

*All times are CST.*

## Learning Objectives

At the conclusion of this activity, participants will be able to:

- Review updates on regulatory and clinical requirements for treating patients through telemedicine.
- Cite the required steps in the ABPN certification process for psychiatrists.
- Debate various treatment options for substance use disorders including the use of medical and holistic approaches.
- Discuss management of the neuropsychiatric symptoms of Lupus including cognitive dysfunction, mood disorders, psychosis, and seizures.
- Interpret mental illness diagnoses from the perspective of reviewing the art and lifestyles of mentally ill artists.
- Recognize obsessive-compulsive symptoms and how they may present or reveal non-OCD conditions.
- Discuss neuromodulation techniques in psychiatry.
- Compare current ADHD medications.
- Describe the psychiatric challenges faced by astronauts during their assigned missions.
- Recognize future interventions and care models in the field of psychiatry.
- Examine the neuropsychiatric effects of Long COVID based on recent epidemiology and pathophysiology research.

### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and the Alabama Psychiatric Physicians Association. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

### Designation Statement

The Medical Foundation of Alabama designates this live activity for a maximum of 14 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.