

Women in Psychiatry 2023 Report





The Alabama Psychiatric Physicians Association (APPA) has embarked on a deep dive into the data on female involvement in medicine, specifically in psychiatry residency, practice, and involvement within the APPA.

Data has shown that patients are more likely to connect and open up to a psychiatrist who looks like they do. The Alabama Psychiatric Physicians Association is committed to diversity. equity, and inclusion (DEI) among our membership and the world of psychiatry as a whole. In addition to forming a DEI committee to investigate how we can become more diverse and inclusive as an organization, we have provided this report as a starting point to discuss female involvement in psychiatry to determine how we can best engage female medical students, residents and psychiatrists in Alabama.

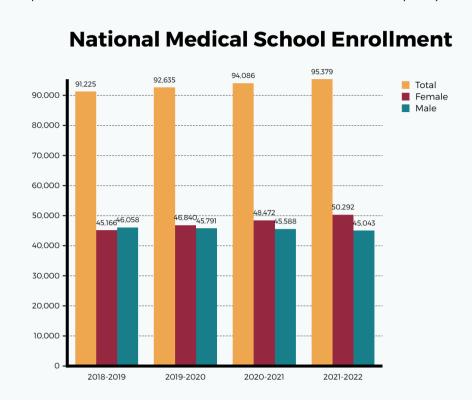
DEFINING THE GOAL

To determine if action is needed to increase female participation in psychiatry and in APPA, we first must determine the current rate of participation for female psychiatrists.

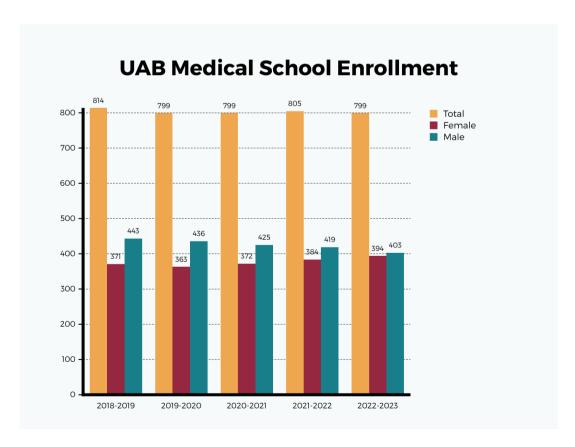
Data was collected from sources including The American Association of Medical Colleges, The Federation of State Medical Boards, The University of Alabama Heersink School of Medicine, The University of South Alabama Whiddon School of Medicine, the Medical Association of the State of Alabama and the American Psychiatric Association.

Medical School & Residency

Male vs Female Medical School Statistics (Data from USA was unavailable at the time of this report.)



2022 52.72% Female



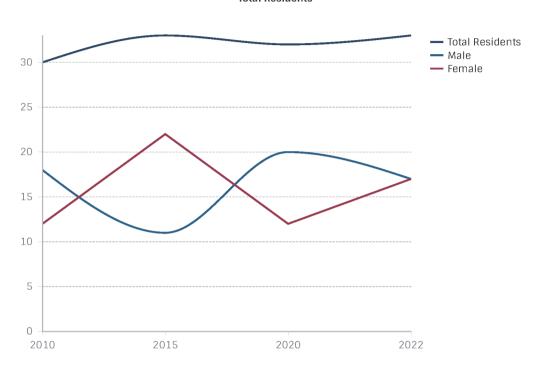
2022 49.31% Female

Alabama Residency Programs

Male vs Female Statistics

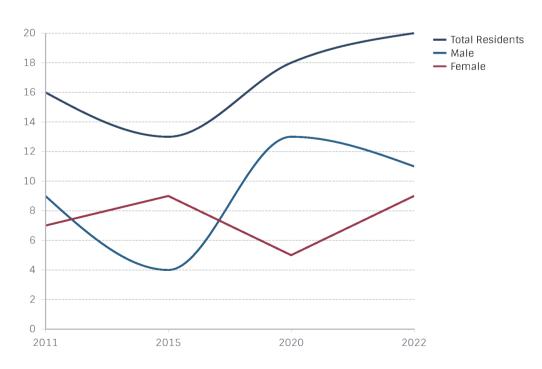
UAB Psychiatry Residents

Total Residents



USA Psychiatry Residents

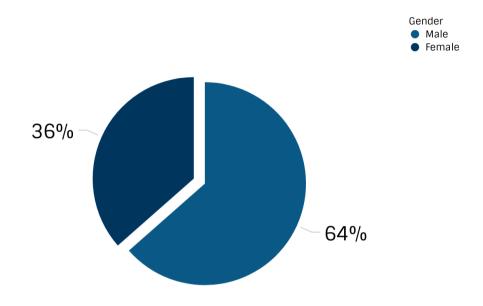
Total Residents



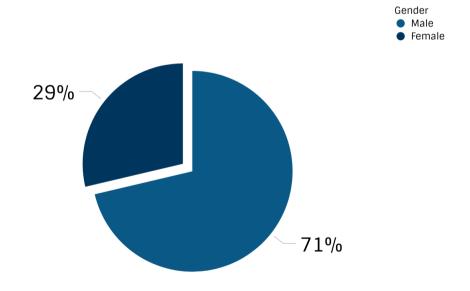
Total Physicians

Male vs Female Statistics

Total Nationwide Physicians



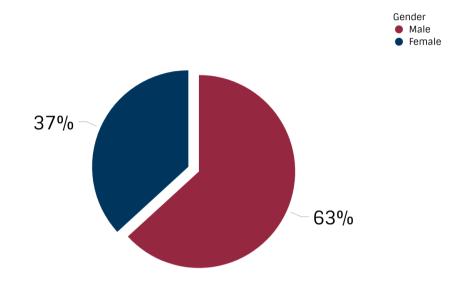
Total Alabama Physicians



Total Psychiatrists

Male vs Female Statistics

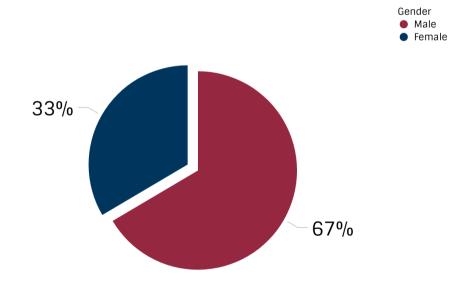
Alabama Psychiatrists



APPA Participation

Male vs Female Statistics

APPA Members



APPA Participation

Male vs Female Statistics

PERCENTAGE OF ATTENDEES AT CONFERENCES

Male 60% *********

Female 40% ********

PERCENTAGE SPEAKERS AT CONFERENCES

Male 69% ********



APPA Participation

Male vs Female Statistics

PERCENTAGE OF DISTINGUISHED FELLOWS AND LIFE FELLOWS

Male 79.5% ********

Female 20.5% **††**

PERCENTAGE OF FELLOWS AND LIFE FELLOWS

Male 51.8% *****

Female 48.2% *******



APPA Participation

Male vs Female Statistics

PERCENTAGE OF PRESIDENTS SINCE 2012

Male Female 60% *********
40% *****

PERCENTAGE OF SECRETARIES SINCE 2012

Male Female

80% **************

PERCENTAGE OF TREASURERS SINCE 2012

100% Male



NEXT STEPS

How do we encourage female participation not only from medical students determining their residency preferences, but also when choosing where to live and practice, and to become involved in our organization?

Data shows that nationwide 50% or more of medical students are female, while in Alabama 30% or less of physicians are female, and we trend behind the national average for female psychiatrists.

01

Promote psychiatry as a profession to current medical students

Aim to increase female acceptance to psychiatry residencies in Alabama

02

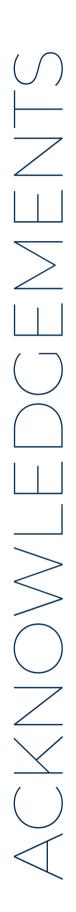
Encourage female membership and participation in APPA

Promote programs and incentives geared toward the female psychiatrist to improve female membership and participation

03

Recruit and retain female psychiatrists in Alabama

Work with other organizations to promote Alabama as a destination for psychiatry as a whole



Data collection for this report was key. Additional data of interest on this subject is available in the articles listed below. Find links in the Women in Psychiatry section of www.alabamapsych.com.

- FSMB | Physician Census
- Why So Many Women Physicians Are Quitting (hbr.org)
- These medical specialties have the biggest gender imbalances |
 Fields of medicine with gender imbalances | AMA (ama-assn.org)
- Women in medical schools: Dig into latest record-breaking numbers | American Medical Association (ama-assn.org)
- America's medical residents, by the numbers | AAMC

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The University of Alabama at Birmingham Heersink School of Medicine.

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The University of South Alabama Psychiatry Residency Program

Nina Kraguljac, MD, FAPA, APA Region 5 Assembly Representative

CONTACT

Meghan Martin

Alabama Psychiatric Physicians Association 19 South Jackson Street Montgomery, AL 36104

334-954-2513 www.alabamapsych.com