APPA WOMEN 2023 SPRING CONFERENCE IN PSYCHIATRY

SANDESTIN GOLF & BEACH RESORT • MARCH 31 – APRIL 2

Agenda

Friday, March 31

12:00 p.m. - 1:00 p.m.

Conference Registration (Lunch is on your own)

1:00 p.m. - 2:00 p.m.

Managina Treatment of Opiate Use Disorder with Suboxone in Private Practice

Bradley Sadler, MD, DFAPA, Psychiatrist, Southern Psychiatry **Associates**

2:00 p.m. - 3:00 p.m.

An Atmosphere of Healing: Psychosocial Considerations in the Management of Mental Health Disorders within the TAY Population Aleiya Butler Wright, MD, Psychiatrist, East Alabama Health

3:00 p.m. - 3:30 p.m.

Break with Exhibitors

3:30 p.m. - 4:30 p.m.

The Science of Happiness and How to Pursue It

Tarak Vasavada, MD, DFAPA, Medical Director of Behavior Health Services, Huntsville Hospital

4:30 p.m. - 5:30 p.m.

Understanding Commitment Laws in Alabama

Sherri C. Friday, JD, Judge, Jefferson County; and Scott W. Hassell, PhD, Judge of Probate, **Etowah County**

5:30 p.m. - 7:00 p.m.

Reception with Exhibitors

Registration

Register online at www.tinyurl.com/ APPA2023SpringConference or print a registration form at www. alabamapsych.com/physicians.

Saturday, April 1

7:00 a.m. - 8:00 a.m.

Breakfast with Exhibitors, Poster Viewing

8:00 a.m. - 9:00 a.m.

Patient on Staff Violence: Legal, Ethical and Clinical Considerations Matthew H. Kruse, MD, MBA, Director of Psychiatry and Director of Education, Anoka Metro Regional Treatment Center, State of Minnesota

9:00 a.m. - 10:00 a.m.

Current Updates in Psychological Testing and What Makes a Good Referral

Jack Carney, PhD, Forensic Psychologist, Clarity Health

10:00 a.m. – 10:30 a.m.

Morning Break with Exhibitors, Poster Viewing

10:30 a.m. - 11:30 a.m.

Boundary Issues in Small Town **Psychiatry**

Philip L. Scurria, MD, DLFAPA, Psychiatrist, Vicksburg, Miss.

11:30 a.m. - 12:30 p.m. LUNCH

Women in Psychiatry: My Journey as a Schizophrenia Researcher Adrienne C. Lahti, MD, Heman E. Drummond Professor and Chair, Department of Psychiatry and Behavioral Neurobiology, UAB Heersink School of Medicine

12:30 p.m. – 1:30 p.m.

The Effect of Sleep Apnea on Mental Health

Casey W. Melton, MD, Physician, Pulmonary Associates

www.alabamapsych.com

1:30 p.m.

Legislative Update (No CME) Evans Brown, Manager, Government Relations and Public Affairs, Medical Association of the State of Alabama

1:45 p.m.

Business Meeting and Poster Awards

Sunday, April 2

7:00 a.m. - 8:00 a.m.

Breakfast

8:00 a.m. - 9:00 a.m.

Assertive Community Treatment, Long-acting Injectables and other Treatments for Schizophrenia Eric R. Williams, MD, Associate Dean of Student Affairs, University of South Carolina School of Medicine, Columbia

9:00 a.m. - 9:15 a.m.

Break

9:15 a.m. - 11:15 a.m.

Navigating Everyday Risks: Usina Data to Drive Change Kelly Riedl, PA-C, Senor Risk Management Consultant, ProAssurance

11:15 a.m.

Evaluation/Adjourn

Accommodations

Room rates begin at \$194 per night. Reserve a room by calling 800-320-8115 and mention group 2419SJ or book online at www. sandestin.com/2419SJ. The deadline to reserve a room is Feb. 27, 2023.

Learning Objectives

At the end of the APPA 2023 Spring Conference, participants will be able to:

- Describe how Suboxone can be used as a treatment for opiate use disorder.
- Demonstrate how using social, developmental and cultural aspects in the treatment of transitional youth patients can create a sense of safety for the patient and family.
- Define positive psychiatry, well-being and the science of happiness.
- Explain the reasons why patients might assault healthcare workers and examine the ways these events might be reduced
- Discuss the changes in the 2022 commitment law in Alabama and how that affects patient care.
- Review aspects of how to handle unique boundary situations in a small community.
- Evaluate current risks in your practice of medicine and respond with trusted strategies aimed at preventing patient harm and mitigating medical liability risks.
- Identify updates in psychological testing.
- Discuss assertive community treatment teams, long acting injectables and other treatments for schizophrenia.
- Recognize the affect sleep apnea has on mental health and mood disorders.
- Describe pathways for female medical students to enter the field of psychiatry.