



The Southern Psychiatric Association  
and the Alabama Psychiatric Physicians  
Association present:

# Resilience: COVID-19 and Beyond

October 7-8, 2021



## SPA/APPA 2021 VIRTUAL CONFERENCE AGENDA

*Note: All times are listed in Central Standard Time*

### Thursday, Oct. 7

2:00 p.m. – 2:30 p.m.

#### **Community-based Resilience and Recovery**

Jacqueline Maus Feldman,  
MD, DLFAPA, Professor Emerita,  
University of Alabama

2:30 p.m. – 3:00 p.m.

#### **Mental Health Equity: Resilience and Recovery**

Timothy E. Stone, MD, Psychiatric  
Director, Wexford Health-  
Alabama

3:00 p.m. – 3:45 p.m.

#### **Psychiatric Ethics: Update and Challenges**

Rebecca W. Brendel, MD, JD,  
Associate Director, Center for  
Bioethics, Harvard Medical  
School

3:45 p.m. – 4:00 p.m. Break

4:00 p.m. – 4:45 p.m.

#### **Professional Boundaries: Protecting the Doctor/Patient Relationship**

Stephen D. Loyd, MD, Chief  
Medical Officer, Cedar Recovery

4:45 p.m. – 5:30 p.m.

#### **New Antidepressants and the Pharmaceutical Pipeline: Where are we Going?**

Richard C. Shelton, MD,  
Professor, University of Alabama -  
Birmingham

5:30 p.m. – 6:15 p.m.

#### **Preventing Violence, Seclusion and Restraints in Psychiatric Hospitals: The State of Affairs**

Sylvia Atджian, MD, DFAPA,  
Associate Professor, Psychiatry  
and Behavioral Sciences, Johns  
Hopkins University School of  
Medicine

6:15 p.m. – 6:45 p.m.

#### **Comparison of the Risk of Psychiatric Disorders Between Bariatric Surgery Patients vs. Obesity Controls: A National Cohort Study**

Ari Morgenstern, MD, Resident,  
Icahn School of Medicine at  
Mount Sinai

6:45 p.m. – 7:45 p.m. Reception

### Friday, Oct. 8

8:00 a.m. – 8:45 a.m.

#### **COVID-19 Vaccine Update**

Sandra Adamson Fryhofer, MD,  
Adjunct Associate Professor of  
Medicine, Emory University School  
of Medicine

8:45 a.m. – 9:30 a.m.

#### **Six Es of Racism: Ensuring Equitable Care**

Rahn Kennedy Bailey, MD,  
DFAPA, Chairman, Department  
of Psychiatry, Louisiana State  
University

9:30 a.m. – 9:45 a.m. Break

9:45 a.m. – 10:30 a.m.

#### **Mental Health Justice: Strategies to Abolish and Decolonize Carceral, Colonial Psychiatry and Build Collectivist, Global Liberation Psychiatry**

Ayesha Khan, PhD, Postdoctoral  
Fellow in Infectious Diseases,  
Mayo Clinic

10:30 a.m. – 11:15 a.m.

#### **The Effect of Mass Incarceration and America's History of Racial Injustice on Mental Health**

Charlotte Morrison, JD, Senior  
Attorney, Equal Justice Initiative

11:15 a.m. – 11:45 a.m.

#### **Promoting Diversity at UAB School of Medicine - Successes and Challenges**

Roger D. Smalligan, MD, MPH,  
FACP, Regional Dean, University  
of Alabama at Birmingham  
School of Medicine - Huntsville  
Regional Campus

11:45 a.m. – 12:40 p.m. Reception

# REGISTRATION

Go to <https://tinyurl.com/2021PsychConf> to register online or print a registration form at [www.alabamapsych.com/physicians](http://www.alabamapsych.com/physicians).

# OBJECTIVES

## **At the end of the SPA/APPA 2021 Conference, participants will be able to:**

- Assess the impact of social determinants on people with mental illness and incorporating recovery into treatment planning.
- Recognize disparities in availability and quality of mental health care across difference populations.
- Describe key features of ethical challenges in psychiatry and a plurality of approaches to address them.
- Describe efforts to prevent the use of seclusion and restraints in the treatment of people in psychiatric hospitals.
- Describe the mechanisms of action of the newest antidepressants and their effect on patients.
- Recognize situations that threaten the doctor/patient relationship in regard to social media and prescribing to family members.
- Review current COVID-19 guidelines and regulations.
- Identify actions that promote racial bias and inequitable mental health care among various populations.
- Describe the impact of historical and modern colonialism on psychiatry and psychology, and how it can cause racial health disparities.
- Cite America's history of racial injustice and mass incarceration, and the resulting effects on the physical and psychological health of minorities.
- Review the importance and challenges of improving diversity among psychiatrists and other healthcare providers in order to encourage minority populations to seek help.

# EDUCATION

## **Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and the Alabama Psychiatric Physicians Association. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.