



The Southern Psychiatric Association
and the Alabama Psychiatric Physicians
Association present:

Resilience: COVID-19 and Beyond

October 6-9, 2021
Westin Huntsville



SPA/APPA 2021 CONFERENCE TENTATIVE AGENDA

Wednesday, Oct. 6

6:00 p.m. – 7:00 p.m.

Welcome Reception at the Hotel

Dinner on Your own

Thursday, Oct. 7

8:00 a.m. – 10:30 a.m.

SPA Council Meeting

11:00 a.m. – 4:00 p.m.

Registration

1:00 p.m. – 5:00 p.m.

Exhibit Set-up

12:15 p.m. – 12:30 p.m.

Welcome

Margaret (Kea) Cassada, MD,
SPA President

Godehard Oepen, MD, PhD,
DLFAPA, APPA President

12:30 p.m. – 1:30 p.m.

**New Antidepressants and the
Pharmaceutical Pipeline:**

Where are we Going?

Richard C. Shelton, MD,
Professor, University of Alabama -
Birmingham

1:30 p.m. – 2:30 p.m.

**Mass Incarceration and America's
History of Racial Injustice**

Charlotte Morrison, Senior
Attorney, Equal Justice Initiative

2:30 p.m. – 3:00 p.m.

Break

3:00 p.m. – 4:00 p.m.

**Grief & Resilience: Managing
Losses Great and Small**

Mary Helen Davis, MD, DLFAPA,
Independent Practitioner,
Integrative Psychiatry

4:00 p.m. – 4:30 p.m.

**Resident Research Award
TBA**

6:00 p.m. – 8:00 p.m.

Off-Site Reception

Friday, Oct. 8

7:00 a.m. – 8:00 a.m.

**Registration & Check-in, Exhibit
Visitation, Continental Breakfast**

7:00 a.m. - 7:30 a.m.

Tai Chi Practice

Gary Weinstein, MD, Clinical
Professor, Department of
Psychiatry, University of Louisville
School of Medicine

7:45 a.m. - 8:00 a.m.

Welcome

Godehard Oepen, MD, PhD,
DLFAPA, APPA President

Margaret (Kea) Cassada, MD,
SPA President

8:00 a.m. – 9:00 a.m.

Art and Psychiatry Panel

Van Gogh: Madness and Creativity

David Casey, MD, DLFAPA,
Professor and Chair, Community
and Family Psychiatry, University
of Louisville School of Medicine

**Art and Mental Illness: Artistic
Creations of People with Severe
Mental Illness**

Godehard Oepen, MD, PhD,
DLFAPA, Psychiatrist, Ascension

9:00 a.m. – 10:00 a.m.

COVID-19 Vaccine Update

Sandra Fryhofer, MD, Adjunct
Associate Professor of Medicine,
Emory University School of
Medicine

10:00 a.m. – 10:30 a.m.

Break and Exhibit Visitation

10:00 a.m. – 10:30 a.m.

**Southern Psychiatric Association
Business Meeting**

10:30 a.m. – 11:30 a.m.

Neuromodulation Panel

Michelle Cochran, MD, DLFAPA,
Partner and Medical Director,
NeuroScience & TMS Centers

Charles Hayden, MD, Medical
Director, TMS Huntsville

11:30 a.m. – 12:30 p.m.

Lunch and Exhibit Visitation

12:30 p.m. – 1:30 p.m.

ADHD: Everything Old is New Again

Mark Wright, MD, Adult, Child/
Adolescent Psychiatrist, Lexington
Behavioral Medicine



AGENDA, cont.

1:30 p.m. – 2:30 p.m.

Ethics Panel

Psychiatric Ethics: Update and Challenges

Rebecca Brendel, MD, JD,
Associate Director, Center for
Bioethics, Harvard Medical
School

Professional Boundaries

Stephen D. Loyd, MD, Cedar
Recovery

Afternoon/Evening Open

Saturday, Oct. 9

7:00 a.m. – 8:00 a.m.

Registration & Check-in, Exhibit Visitation, Continental Breakfast

7:00 a.m. – 7:30 a.m.

Tai Chi Practice

Gary Weinstein, MD, Clinical
Professor, Department of
Psychiatry, University of Louisville
School of Medicine

8:00 a.m. – 9:00 a.m.

Racism Panel

Six Es of Racism

Rahn Kennedy Bailey, MD,
DFAPA, Chairman, Department
of Psychiatry, Louisiana State
University

Mental Health Justice: Strategies to Abolish & Decolonize Carceral, Colonial Psychiatry and Build Collectivist, Global Liberation Psychiatry

Ayesha Khan, PhD, Postdoctoral
Fellow in Infectious Diseases,
Mayo Clinic

9:00 a.m. – 10:30 a.m.

Diversity Panel

A Brief History of the Civil Rights Movement in Huntsville, Alabama

Sonnie W. Hereford IV, BSEE, MS,
Senior Systems Engineer, 5 Stones
Research

A Brief History of Systemic Racism in Psychiatric and Addiction Treatment in the United States

Stephen M. Taylor, MD, MPH,
DFAPA, FASAM, Chief Medical
Officer, Behavioral Health
Division, Pathway Healthcare

Promoting Diversity at UAB School of Medicine - Successes and Challenges

Roger Smalligan, MD, MPH, FACP,
Regional Dean, University of
Alabama at Birmingham School
of Medicine - Huntsville Regional
Campus

10:30 a.m. – 11:00 a.m.

Break and Exhibit Visitation

11:00 a.m. – 12:00 p.m.

Preventing Violence, Seclusion and Restraints: The State of Affairs

Sylvia Atdjian, MD, DFAPA,
Associate Professor, Psychiatry
and Behavioral Sciences, Johns
Hopkins University School of
Medicine

12:00 p.m. – 1:00 p.m.

Community-based Resources and Resilience Panel

Community-based Resilience and Recovery

Jacqueline Maus Feldman,
MD, DLFAPA, Professor Emerita,
University of Alabama

Mental Health Equity: Resilience and Recovery

Timothy E. Stone, MD, Psychiatric
Director, Wexford Health-
Alabama

1:00 p.m. – 6:30 p.m.

Afternoon Open

6:30 p.m. – 7:00 p.m.

Cocktail Reception

7:00 p.m. – 9:00 p.m.

Farewell Dinner Gala Celebration

REGISTRATION

Go to tinyurl.com/2021ResilienceHuntsville to register online or print a registration form at
www.alabamapsych.com/physicians.

ACCOMMODATIONS

The Westin Huntsville, 6800 Governors West NW, Huntsville, AL 35806. The discounted room rate is \$155 per night.
Reserve a room online at www.tinyurl.com/WestinHuntsville. The room block expires Sept. 17, 2021