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the freudian slip

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APPA Virtual Conference October 10, 2020

Virtual Conference Wrap-up

Given the current situation with COVID-19 and keeping the health and safety of our attendees in mind, APPA's Executive Council decided to conduct the fall conference virtually on Saturday, Oct. 10. We heard from an outstanding lineup of speakers and were honored to recognize some of our members for their service to APPA and achieving excellence in the psychiatric profession.

Proclamation

Governor Kay Ivey declared Oct. 4-10, 2020, as Mental Illness Awareness Week in Alabama. In recognition of this, APPA President **Godehard Oepen, MD, PhD, DLFAPA**, will be presented with a framed copy of the resolution.

President's Plaque

Immediate Past President **J. Luke Engeriser, MD, DFAPA**, was presented with the 2018-2020 Charles E. Herlihy, Sr., Award in grateful appreciation for devoted service and loyal commitment to the Association and continued practice of the profession of psychiatry.

Membership Promotions

Seven APPA members were recognized during the conference for their 2020 advancement in membership.

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Welcome 2020-2022 APPA President-elect Clinton Martin, MD, FAPA

Because of the cancellation of APPA's Spring Conference, the annual business meeting was postponed and subsequently conducted via Zoom on Sept. 9.



Taking office as president-elect was **Clinton Martin, MD, FAPA**, associate professor and regional chair of the Department of Psychiatry at UAB School of Medicine Huntsville Regional

Medical Campus. He is dual board certified in adult and child psychiatry. During his combined training years in general and child psychiatry, he served as the chief resident for the fellowship program and has received several awards at national, regional and local organizational meetings like the Mid-Atlantic Group Psychotherapy Society Scholarship Award, APF- Jansen Resident Psychiatric Research Scholar Award, Outstanding Resident Award, Resident Poster Awards, and Leadership Award.

During his time as faculty at UAB-

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Alabama Psychiatric Physicians Association

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WHAT'S UP AROUND THE STATE...

BCBS increases access to mental health care for teachers, state education employees

The Blue Cross Blue Shield of Alabama (BCBS) EDU plan has increased the mental health appointment limit from 12 to 24 visits per year, and reduced the co-pay from \$50 to \$15. This change provides teachers and all state education employees improved access to care from mental health professionals.

APPA thanks the Medical Association of the State of Alabama and many others in the mental health community for their efforts to initiate this much needed change. 🌐

2021 Membership billing begins in October

Membership dues renewals for APPA and APA began the first week of October. You may renew online through your my.psychiatry.org account or email a request to membership@psych.org for a direct payment link.

To make paying dues more affordable, you may choose to participate in a payment plan of monthly, quarterly or biannual installments. Just complete the [Scheduled Payment Plan form](#) or call the APA's membership department at (202) 559-3900.

Our power is strengthened with each member's support and involvement. Now more than ever, your membership is critical to our profession and the patients for whom we care. 🌐



APPA President-elect, cont.

Birmingham, he co-piloted the Child and Family Assessment Clinic, which was immensely successful, and served as staff psychiatrist for Children's of Alabama. In addition, Dr. Martin co-directed the First Episode Psychosis Clinic has given over 13 talks on this topic at state and local meetings.

As a clinician-educator he has been instrumental in teaching medical students, general psychiatry residents and child psychiatry fellows. He received a "Teaching Award in Excellence and Innovation" given by the graduating fellow class of 2016.

His leadership roles include serving on committees at the national level with the American Board of Psychiatry and Neurology (ABPN), American Academy of Child and Adolescent Psychiatry (AACAP) and the American Psychiatric Association (APA).

His research collaborations at UAB-Birmingham included studying pediatric depression, micro-RNA studies in depression and suicide, validating depression screening tools, and glutamate/brain connectivity studies in first episode psychotic patients.

Prior to moving to Huntsville, he volunteered his time in the community in Birmingham by serving as a board member of the Spring Valley School and on the counseling advisory board at Trace Crossings Elementary School.

Look for profiles of our other executive committee members in future issues of *Freudian Slip*. 🌐

Physician Finder: Huntsville

Huntsville Hospital seeking BC/BE Psychiatrist for inpatient hospital coverage to include ED, medical floor consults and follow ups, with average of 15 patients per provider. Coverage of pediatric consults required. Monday through Friday position, call requirements of weekend call 1:4 and weekday call of 2-3 days per month. Tina.baker@hhsys.org 256-265-7073. 🌐



Conference Wrap-up, cont.

Distinguished Fellow is the highest membership honor the APA bestows upon its members. It is awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in administration, teaching, scientific scholarly publications, volunteering in mental health and medical activities of social significance, community involvement, and clinical excellence. Honorees for 2020 are:

J. Luke Engersier, MD, Mobile



- Deputy Chief Medical Officer of AltaPointe Health, Mobile
- Psychiatry Residency Program Director, USA
- Addiction Medicine Fellowship Director, USA
- Associate Professor of Psychiatry, USA
- Immediate Past President of APPA
- Organizer of APPA's Resident/Student

Poster Competition

Ehtsham Haq, MD, Hoover



- Chief of Birmingham VA Medical Center Mental Health
- Medical Director of Telehealth Mental Health Services, Birmingham VA Medical Center
- Founder and 2019-2020 President of Alabama Chapter of the Association of Physicians of Pakistani Descent of North America
- Founder and Medical Director of Red Crescent Clinic of Alabama, a free clinic providing mental health care in addition to primary health care and cardiology.

Oladipo Kukoyi, MD, Hoover



- Chief of Staff, Birmingham VA Medical Center
- Clinical Professor, Department of Psychiatry, and Department of Family and Community Medicine, UAB
- VHA Certified Mentor

Paul O'Leary, MD, Birmingham

- Clinical and Forensic Psychiatrist, SHKO Medicine, LLC
- Adjunct Assistant Professor of Psychiatry, UAB, USA and University of Emory



- Forensic Consultant, Emory University's jail restoration program
- Psychiatric Consultant, Jefferson/Blount/St. Clair Counties' Mental Health Authority
- Speaker, 2019-2020 APA Assembly

Fellow status is an honor conferred by the APA that reflects a member's dedication to the work of the APA and signifies their allegiance to the psychiatric profession.

Advancing to the status of Fellow in 2020 are:

- Melissa Hall, MD, Mobile
- Mark Haygood, DO, MS, Mobile
- Praveen Narahari, MD, Mobile

Poster Contest

APPA received seven entries for the Fall 2020 Virtual Poster Contest. Each participant recorded a video that is posted on the APPA website in addition to a PDF Poster and Abstract. Congratulations to our top three winners.



Ryan Salazar, MS3



Amer Babi, MS4



Darshana S. Pai, MD

1st Place: Ryan Salazar, MS3, UAB

Abstract 20-2-01: Nausea in an antidepressant with 5HT-3 Antagonism

2nd Place: Amer Babi, MS4, UAB

Abstract 20-2-01: Nausea in an antidepressant with 5HT-3 Antagonism

3rd Place: Darshana S. Pai, MD, USA

Abstract 20-2-06: Olanzapine Induced Hair Loss – A Case Series

[View All Entries on APPA's website.](#)



SAVE *the* DATE

Coming Attractions

2021 APPA Spring Conference

April 23-24 | Embassy Suites, Montgomery

2021 APPA Fall Conference

October 8-9 | Westin Huntsville

2022 APPA Spring Conference

April 1-2 | The Lodge at Gulf State Park

2022 APPA Fall Conference

October 7-8 | Marriott Resort, Auburn-Opelika Grand National

2023 APPA Spring Conference

TBA

APA News Briefs

Course of the Month: Psychopharmacology Algorithm for Obsessive-Compulsive Disorder

APA Members can access free CME courses using APA's *Learning Center*. October's *course of the month* features the Psychopharmacology Algorithm Project at the Harvard South Shore Program. The program was founded in 1993 and it consists of evidence-based recommendations considering efficacy, tolerability, and safety. In this course, the speakers explain the role of algorithms and present the reasoning justifying the sequence of recommended treatments and the specific medications preferred.

Featured Course: Updates in Treating Tobacco Use Disorder

Tobacco causes a staggering 50 percent of deaths in those who use it, yet there is evidence that behavioral health care professionals don't do enough to intervene and provide treatment. *This course* provides updates in treatment and reviews relevant issues related to poor outcomes, including levels of nicotine dependence and lack of access to cessation treatments.

Guidelines for the treatment of patients with schizophrenia

APA released new practice guidelines on the treatment of patients with schizophrenia. The goals of the new *evidence-based guidelines* are to reduce the mortality, morbidity and significant psychosocial and health consequences of this disorder.

Early therapeutic interventions for people at risk of developing schizophrenia

The American Psychiatric Association Foundation (APAF) joined a new public-private partnership launched by the National Institute of Health (NIH) aimed at meeting the urgent need for *early therapeutic interventions for people at risk of developing schizophrenia*. This effort is part of the Accelerating Medicines Partnership (AMP) that promotes development of effective, targeted treatments. In addition to the APAF, AMP Schizophrenia brings together NIH, the Food and Drug Administration and multiple non-profit and private organizations.

APA Coronavirus Resources

APA is collecting authoritative and timely resources at psychiatry.org/coronavirus and will update this page on a continual basis. Upcoming webinars to help you navigate the rapidly changing clinical practice environment will be linked from here, along with information for your practice, patients and their families, the public, and health care and community leaders. 🌐

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