

# APPA Virtual Conference

## October 10, 2020

### Agenda

#### SATURDAY, OCTOBER 10

**7:45 a.m. – 8:00 a.m.**  
Get connected

**8:00 a.m. – 8:15 a.m.**  
Announcements

**8:15 a.m. – 9:00 a.m.**  
The Structure of Psychopathology:  
An Evolutionary Approach  
*Marco Del Giudice, PhD, Associate  
Professor, Department of Psychology,  
University of New Mexico*

**9:00 a.m. – 9:45 a.m.**  
The Pains of Dying: Psychodynamic and  
other Considerations Regarding Issues  
at the End of Life  
*Philip Muskin, MD, MA, DLFAPA,  
FACLP, Professor, Columbia University  
Medical Center*

**9:45 a.m. – 10:00 a.m.**  
Break

**10:00 a.m. – 10:45 a.m.**  
The Many Faces of Irritability and Mood  
Dysregulation in Children  
*Gabrielle A. Carlson, MD, Professor,  
Renaissance School of Medicine at  
Stony Brook University*

**10:45 a.m. – 11:30 a.m.**  
Implementation of Assisted Outpatient  
Treatment Program for Severely  
Mentally Ill Patients; Is it Feasible/  
Sustainable/Effective?  
*Praveen Narahari, MD, MS, Assistant  
Medical Director, AltaPointe Health  
Systems*

**11:30 a.m. – 12:00**  
Break for Lunch

**12:00 p.m. – 12:45 p.m.**  
Evidence-Based Supplement Therapies  
in Psychiatry  
*Michael Banov, MD, Medical  
Director, Psych Atlanta*

**12:45 p.m. – 1:30 p.m.**  
Management and Treatment of  
Dementia  
*Charles Nevels, MD, Private Practice,  
Tuscaloosa*

**1:30 p.m. – 1:45 p.m.**  
Break

**1:45 p.m. – 2:30 p.m.**  
Overweight 2020: Wrestling Control  
from Your Hypothalamus  
*Andrew Friede, MD, MPH, Medical  
Director, Pathway Healthcare, LLC*

**2:30 p.m. – 3:15 p.m.**  
The Prescription Drug Monitoring  
Program: A Tool in the Fight Against  
Opioid Misuse  
*Nancy Bishop, BS, State Pharmacy  
Director, Alabama Department of  
Public Health*

#### Learning Objectives

- Name three different theories of obesity, explain the role of hypothalamic dysfunction in obesity, and name two new treatments.
- Recall two historic examples of physician-assisted suicide approaches, two different legal principles, two ethical principles that apply, and two ways to respond to patients requesting assisted death.
- Explain legal use and proper handling of PDMP information, describe existing legal restraints (related to HIPAA and state law), and name three case scenarios where they will use PDMP.
- Define three potential causes of increased hospitalizations, and three interventions shown to reduce re-hospitalization rates of mentally ill patients.
- Describe evolutionary aspects of at least three different mental illnesses, explain the FSD model, and apply the new diagnostic framework to their clinical practice.
- Name criteria differentiating childhood bipolar disorder from DMDD, Fragile X syndrome, and anger overload, as well as name at least four DSM-5 differential diagnoses for children with severe outbursts, with the related specific and general treatments.
- List at least two preventative strategies, two drug combination treatments, two clinical tests, and two administrative interventions in the approach and treatment of dementia.
- Name at least 5 different evidence-based supplemental treatments and identify their psychiatric benefits, SEs and risks.

#### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and the Alabama Psychiatric Physicians Association. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

#### Designation Statement

The Medical Foundation of Alabama designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### REGISTRATION

Register online at [www.tinyurl.com/APPA2020VirtualConference](http://www.tinyurl.com/APPA2020VirtualConference) or print a registration form at [www.alabamapsych.com/physicians](http://www.alabamapsych.com/physicians).