

# APPA Fall Virtual Conference

## October 10, 2020

### Agenda

#### SATURDAY, OCTOBER 10

**7:45 a.m. – 8:00 a.m.**

Get connected

**8:00 a.m. – 8:15 a.m.**

Announcements

**8:15 a.m. – 9:00 a.m.**

The Structure of Psychopathology:

An Evolutionary Approach

*Marco Del Giudice, PhD, Associate Professor, Department of Psychology, University of New Mexico*

**9:00 a.m. – 9:45 a.m.**

The Pains of Dying: Psychodynamic and other Considerations Regarding Issues at the End of Life

*Philip Muskin, MD, MA, DLFAPA, FACLP, Professor, Columbia University Medical Center*

**9:45 a.m. – 10:00 a.m.**

Break

**10:00 a.m. – 10:45 a.m.**

The Many Faces of Irritability and Mood Dysregulation in Children

*Gabrielle A. Carlson, MD, Professor, Renaissance School of Medicine at Stony Brook University*

**10:45 a.m. – 11:30 a.m.**

Implementation of Assisted Outpatient Treatment Program for Severely Mentally Ill Patients; Is it Feasible/Sustainable/Effective?

*Praveen Narahari, MD, MS, Assistant Medical Director, AltaPointe Health Systems*

**11:30 a.m. – 12:00**

Break for Lunch

**12:00 p.m. – 12:45 p.m.**

Evidence-Based Supplement Therapies in Psychiatry

*Michael Banov, MD, Medical Director, Psych Atlanta*

**12:45 p.m. – 1:30 p.m.**

Management and Treatment of Dementia

*Charles Nevels, MD, Private Practice, Tuscaloosa*

**1:30 p.m. – 1:45 p.m.**

Break

**1:45 p.m. – 2:30 p.m.**

Overweight 2020: Wrestling Control from Your Hypothalamus

*Andrew Friede, MD, MPH, Medical Director, Pathway Healthcare, LLC*

**2:30 p.m. – 3:15 p.m.**

The Prescription Drug Monitoring Program: A Tool in the Fight Against Opioid Misuse

*Nancy Bishop, BS, State Pharmacy Director, Alabama Department of Public Health*

**The Alabama Psychiatric Physicians Association 2020 Fall Conference offers attendees 6 hours of instruction.**

#### Learning Objectives

- Name three different theories of obesity, explain the role of hypothalamic dysfunction in obesity, and name two new treatments.
- Recall two historic examples of physician-assisted suicide approaches, two different legal principles, two ethical principles that apply, and two ways to respond to patients requesting assisted death.
- Explain legal use and proper handling of PDMP information, describe existing legal restraints (related to HIPAA and state law), and name three case scenarios where they will use PDMP.
- Define three potential causes of increased hospitalizations, and three interventions shown to reduce re-hospitalization rates of mentally ill patients.
- Describe evolutionary aspects of at least three different mental illnesses, explain the FSD model, and apply the new diagnostic framework to their clinical practice.
- Name criteria differentiating childhood bipolar disorder from DMDD, Fragile X syndrome, and anger overload, as well as name at least four DSM-5 differential diagnoses for children with severe outbursts, with the related specific and general treatments.
- List at least two preventative strategies, two drug combination treatments, two clinical tests, and two administrative interventions in the approach and treatment of dementia.
- Name at least 5 different evidence-based supplemental treatments and identify their psychiatric benefits, SEs and risks.

#### REGISTRATION

Register online at [www.tinyurl.com/APPA2020FallConference](http://www.tinyurl.com/APPA2020FallConference) or mail form to APPA Fall Conference, Attn. Meghan Martin, PO Box 1900, Montgomery, AL 36102-1900. Fax (334) 269-5200.