

APPA Fall Conference and Practice Manager's Mini Conference

October 4-5, 2019

Grand Bohemian Hotel Mountain Brook



APPA 2019 Fall Conference Agenda

FRIDAY, OCTOBER 4

1:30 p.m. – 5:30 p.m.

ECP, RFM and Student
Mini Conference

6:00 p.m. – 8:00 p.m.

Welcome Reception

SATURDAY, OCTOBER 5

7:00 a.m. – 7:50 a.m.

Registration and Breakfast with
Exhibitors; Poster Viewing

7:50 a.m. – 8:00 a.m.

Welcome

8:00 a.m. – 1:00 p.m.

Practice Manager's
Mini Conference

8:00 a.m. – 9:00 a.m.

ABPN MOC Update
*Art Walaszek, MD, Vice Chair of
Education and Faculty Development,
University of Wisconsin School of
Medicine and Public Health*

9:00 a.m. – 9:15 a.m.

Morning Break with Exhibitors;
Poster Viewing

9:15 a.m. – 10:45 a.m.

New Knowledge about the Genetics
of Personality: Implications for Clinical
Practice

*C. Robert Cloninger, MD, PhD, LFAPA,
Wallace Renard Professor of Psychiatry,
Washington University School of
Medicine*

10:45 a.m. – 11:45 a.m.

Longterm Therapy in the Rearview
Mirror: 'Evidence' from My 40 Year
Clinical Career
*William Meyer, MSW, Associate
Professor, Duke University Medical
Center*

11:45 a.m. – 12:15 p.m.

Lunch, Poster Awards, Presentations

12:15 p.m. – 1:45 p.m.

Parasomnias - Things That Go Bump in
the Night
*James Geyer, MD, FAASM, FAES,
Medical Director, Alabama Neurology
and Sleep Medicine*

1:45 p.m. – 2:45 p.m.

Hippocampal Dysfunction in Psychotic
Disorders
*Stephan Heckers, MD, Chair,
Department of Psychiatry, Vanderbilt
University*

2:45 p.m. – 3:00 p.m.

Afternoon Break

3:00 p.m. – 4:00 p.m.

Medical Deception: Overview
and Updates

*James C. Hamilton, PhD, Professor,
Department of Psychology, University
of Alabama*

4:00 p.m. – 5:00 p.m.

The CDC Adverse Childhood
Experiences Study: New Findings and
Relevance for Psychiatry
*Deborah Bock, MSW, LCSW,
Independent Consultant*

5:00 p.m.

Evaluation/Adjourn

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and the Alabama Psychiatric Physicians Association. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Designation Statement

The Medical Foundation of Alabama designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REGISTRATION

Register online at www.tinyurl.com/APPA2019FallConference or mail form to APPA Fall Conference, Attn. Meghan Martin, PO Box 1900, Montgomery, AL 36102-1900. Fax (334) 269-5200.

ACCOMMODATIONS

The APPA room block rate at the Grand Bohemian Hotel Mountain Brook is \$249 per night and is available for three days before and three days after the conference. Make your hotel reservations before Sept. 6 by calling (888) 711-5114. Ask for the Alabama Psychiatric Physicians Association group rate.

www.alabamapsych.com

APPA Fall Conference

October 4-5, 2019

Call for Abstracts

September 13 Deadline

In conjunction with the Fall Conference, APPA will host a Resident/Medical Student Poster Contest.

Residents and students who are interested in participating are asked to coordinate with a faculty member in preparing a poster for the meeting.

The posters are assigned abstract numbers and are published on the APPA website so count as "Published Abstracts" on your CV. This is a very easy way to build your academic portfolio!

The posters will be judged at the conference and awards given to the highest ranking posters.

Abstracts should be sent to Luke Engeriser, MD, lengeriser@altapointe.org, by Sept. 13 for consideration.

See examples of abstracts at www.alabamapsych.com/abstracts.

Posters must be no larger than 48" by 36" on glossy paper. They do not need a foam backing.

APPA will provide display boards and easels to display the posters.

All poster presenters must register for the conference. Register online at www.tinyurl.com/APPA2019FallConference or print a form at www.alabamapsych.com/physicians.

**Registration is free
residents and students!**

2019 Fall Conference Objectives

- Explain components of a person's humanistic and transpersonal style
- Name three factors contributing to the effectiveness of long-term vs. short-term therapy
- Name the requirements of the current MOC process
- Explain the ways they will include consultations with a sleep disorder specialist in their screening, evaluation and treatment of parasomnias
- Explain the role of functional disintegration of distinct brain circuits in psychotic disorders
- Explain the definition of malingering, factitious disorder, and Munchausen Syndrome
- Explain the interaction of genetic, epigenetic, situational and psychological factors in the development and prevention/treatment of childhood trauma

ECP, RFS, Student Mini Conference

Friday, Oct. 4, 12 – 5 p.m.

In conjunction with their fall meeting, APPA is offering a **FREE** mini conference on Friday for Early Career Psychiatrists*, Resident Fellow Members and Students.

Early Career Psychiatrists (ECPs) are General Members of the APA who are within their first seven years after completion of training.

Practice Manager's Mini Conference

Saturday, Oct. 5, 8 a.m. – 1 p.m.

Psychiatric practice managers are the glue that holds a psychiatric practice together. These professionals handle the day-to-day office operations and allow Alabama's psychiatric physicians to concentrate on patient care.

Alabama Psychiatric Physicians Association is the only association to provide tailored continuing education for these administrators.

The registration fee for practice managers of APPA members is \$125 (\$225 for nonmembers).

Register online at www.tinyurl.com/APPA2019FallConference or print a form at www.alabamapsych.com/practice-managers.