



# APPA 2019 Spring Conference Agenda

## Friday, April 5

12:00 p.m. – 1:00 p.m.

Conference Registration

1:00 p.m. – 1:15 p.m.

Opening General Session and Welcome

1:15 p.m. – 2:15 p.m.



*Art and Mental Illness*  
Godehard Oepen, MD,  
PhD, DFAPA, Grayson &  
Associates, PC

2:15- 3:15 p.m.



*Deep Brain Stimulation for the Treatment-Refractory Obsessive-Compulsive Disorder*  
Rachel A. Davis, MD,  
Assistant Professor;

Director, OCD Clinic and Co-Director, Neuromodulation Program, Department of Psychiatry, University of Colorado Anschutz Medical Campus

3:15 p.m. – 3:30 p.m.

Break

3:30 p.m. – 5:00 p.m.



*Psychedelic Medicine: Past, Present and Future*  
Manuel Morales, MD,  
Assistant Professor,  
Department of Psychiatry,  
University of Missouri-  
Kansas City School of Medicine

## Welcome Reception



5:00 p.m. – 6:30 p.m.  
Reception on the Grand Lawn with Entertainment by Casey Kearney.

## Saturday, April 6

7:00 a.m. – 8:00 a.m.

Breakfast with Exhibitors

8:00 a.m. – 1:30 p.m.

Practice Managers Mini Conference

8:00 a.m. – 9:30 a.m.



*Beat Burnout with Mindfulness Meditation*  
Serena Nimityongskul,  
MD, Child and Adolescent  
Fellow, University of  
South Alabama College  
of Medicine; and Irena  
Bukelis, MD, Assistant  
Professor, Division of  
Child and Adolescent  
Psychiatry and Behavioral  
Neurobiology, University  
of Alabama-Birmingham

9:30 a.m. – 10:30 a.m.



*When the Joy of Practicing Medicine Turns Against You: Dealing with Compassion Fatigue in the Physician and Caretakers*  
Tarak Vasavada, MD,  
DFAPA, Medical Director,  
Behavior Health Services

10:30 a.m. – 11:00 a.m.

Morning Break with Exhibitors

11:00 a.m. – 12:30 p.m.

*Less is More Redux: Rationale for Extended Dosing*  
Roger A. Boshes, MD, PhD, Associate Professor, University of Massachusetts Medical School

12:30 p.m. – 12:45 p.m.

Pick up boxed lunch

12:45 p.m. – 1:45 p.m.



*Sexual Addiction*  
Martin Kafka, MD,  
DLFAPA, Clinical  
Associate Professor of  
Psychiatry (Retired),  
Harvard Medical School

1:45 p.m. – 2:15 p.m.

Business Meeting and Poster Awards

## Sunday, April 7

7:00 a.m. – 8:00 a.m.

Breakfast with Exhibitors

8:00 a.m. – 9:30 a.m.



*Disasters in Mental Health*  
Richard H. Weisler, MD,  
PA, Adjunct Professor  
of Psychiatry, Duke  
University and University  
of North Carolina

9:30 a.m. – 9:45 a.m.

Morning Break with Exhibitors

9:45 a.m. – 10:45 a.m.



*The Bowen Family Systems Theory and Psychotherapy*  
Judith Bowen, MD,  
Partner, Drs. Bowen and  
Kowalksi, LLP

10:45 a.m. – 11:45 a.m.



*The Sad Synapses: Understanding the Synaptic Biology of Depression*  
Jenny Dwyer, MD, PhD,  
Clinical Fellow, Yale  
University

11:45 a.m.

Evaluation/Adjourn

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and the Alabama Psychiatric Physicians Association. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

## Designation Statement

The Medical Foundation of Alabama designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Click here to see the  
Practice Managers  
Mini Conference  
Agenda

# APPA 2019 Spring Conference

## April 5-7, 2019

*Baytowne Conference Center, Sandestin, Fla.*

*Alabama Academy of Child and Adolescent Psychiatry members welcome!*

## APPA 2019 Spring Conference Registration

PLEASE PRINT CLEARLY

Name \_\_\_\_\_

Practice Name \_\_\_\_\_

Address \_\_\_\_\_

City, State ZIP \_\_\_\_\_

Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_ Practice Manager Name \_\_\_\_\_

Dietary Needs \_\_\_\_\_ Practice Manager E-mail \_\_\_\_\_

**Designation**  MD  DO  First Time Attendee  
 RN  Social Worker  Psychologist  
 Other \_\_\_\_\_

### FEES (On or before April 1 | After April 1 add \$100)

- APPA Member \$300     APPA Nonmember \$400     AACAP Member \$300     AACAP Nonmember \$400  
 One Day \$200 (Friday)     One Day \$200 (Saturday)  
 Nonphysician Clinician \$170  
 Early Career Psychiatrist - FREE     Resident - FREE     Student - FREE  
 Practice Manger of APPA member \$125     Practice Manager of APPA nonmember \$225  
 Spouse and guests \$50 to attend meals and reception only (Name tag required)

Guest Name \_\_\_\_\_

### ACCOMMODATIONS

The APPA room block at Sandestin has expired. Contact Meghan Martin ([Mmartin@alamedical.org](mailto:Mmartin@alamedical.org)) at APPA if you still need a room or need to cancel a room.

### DETAILS

More conference information is online at [www.alabamapsych.com](http://www.alabamapsych.com). If you have special needs and/or need assistance, please contact Meghan Martin, at (334) 954-2500 or [Mmartin@alamedical.org](mailto:Mmartin@alamedical.org).

### REGISTRATION

Register online at [www.tinyurl.com/APPA2019SpringConference](http://www.tinyurl.com/APPA2019SpringConference). Mail forms to APPA Spring Conference, Attn. Meghan Martin, PO Box 1900, Montgomery, AL 36102-1900. Fax (334) 269-5200. [www.alabamapsych.com](http://www.alabamapsych.com).

### PAYMENT

Check payable to APPA    Credit Card:  VISA     MasterCard     American Express

Cardholder Name \_\_\_\_\_ Email address for receipt: \_\_\_\_\_

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing Address \_\_\_\_\_ City, State ZIP \_\_\_\_\_

Signature \_\_\_\_\_ Amount: \$ \_\_\_\_\_

## WHAT'S UP AROUND THE STATE...

## Birmingham



## BIRMINGHAM PSYCHIATRIC SOCIETY



For more information about the Birmingham Psychiatric Society contact BPS President Paul O'Leary,

MD, at [dr.paul@me.com](mailto:dr.paul@me.com).

## Central Alabama

For More information about the Central Alabama Society, contact Linda Teel at (334) 288-9009 ext. 207 or [linda.teel@mpa1040.com](mailto:linda.teel@mpa1040.com).



## Mobile Bay



For information on the Mobile Bay Psychiatric Society e-mail [wbrooks@altapointe.org](mailto:wbrooks@altapointe.org).

## Tuscaloosa

If you live in the Tuscaloosa area and would like to get connected with your fellow colleagues, check out the Tuscaloosa Chapter of APPA. Contact Thaddeus Ulzen, MD, at [tulzen@cchs.ua.edu](mailto:tulzen@cchs.ua.edu) for more information. 📍



## Birmingham Psychiatric Society spring meeting set

The Birmingham Psychiatric Society invites you to an informational dinner sponsored by Alkermes and AHM, on Thursday, May 9, at Perry's Steakhouse and Grill in Birmingham.

Heather Luing, MD, will present "Changing the Narrative of Opioid and Alcohol Dependence Treatment." Dr. Luing is medical director at Florida Center for TMS. She is triple board certified with expertise in forensic psychiatry and addiction medicine in addition to adult psychiatry.

RSVP by May 2 to [katherine@SHKOmedicine.com](mailto:katherine@SHKOmedicine.com) or (204) 315-9282. 📍



## APA seeks participants for Quality Measure Development initiative

The Centers for Medicare & Medicaid Services (CMS) has offered grants to get input from clinicians to develop quality measures that are clinically meaningful. One of CMS's highest priority areas for new quality measure development is mental health and substance use disorders.



APA was one of seven organizations awarded a grant. With this grant, APA will develop behavioral health quality measures that are meaningful to clinicians and patients alike, by seeking crucial input from psychiatrists and other mental health providers across the country. APA will leverage its PsychPRO clinical data registry electronic platform to collect data and test new measures.

The Medicare Access and CHIP Reauthorization Act of 2015 authorized CMS to provide incentives that encourage physicians to focus on quality, value of care and patient health. Benefits for your participation in PsychPRO and this measure development initiative include:

- A tablet computer for your practice so that you and your patients can easily access the online portal to complete the required assessments;
- If you do not have an EHR, the ability to collect 2019 QPP quality data;
- If you are a non-APA member, your registration fee for joining PsychPRO will be covered for the 3-year funding period;
- A \$500 honorarium for your efforts;
- Acknowledgement of support in journal and white paper publications;
- An interactive dashboard to drill-down to patient-level information and data assessing quality;
- Access to patient-reported outcome data in real-time via a portal to engage patients, help in treatment planning and follow-up care. PROMs included in APA's PsychPRO registry are:
  - o Currently: DSM-5 Cross-cutting measure, PHQ-9, GAD-7, Audit-C, PROMIS – Pain, NIDA – Assist, WHODAS 2.0, Child/Adult ADHD, IQ Code.
  - o Planned: PROMIS Toolkit, Falls, Cognitive measures, and many more.

APA is looking forward to playing a key role in developing quality measures that best reflect the quality service that is being delivered every day in the field and since you are one of our early adopters who have expressed interest in using the portals, we wanted to talk to you first.

Please contact [Diane E. Clarke, PhD](mailto:Diane.E.Clark@psych.org), Deputy Director of Research & Senior Research Statistician/ Epidemiologist, Division of Research, if you would like additional information or would like to sign up. Email [registry@psych.org](mailto:registry@psych.org) for additional information. 📍

SAVE *the* DATE

## Coming Attractions

### 2019 APPA Spring Conference

April 5-7 | Sandestin Golf and Beach Resort, Florida

### 2019 APPA Fall Conference

October 4-5 | Bohemian Hotel, Mountain Brook

### 2020 APPA Spring Conference

April 3-5 | Sandestin Golf and Beach Resort, Florida

### 2020 APPA Fall Conference

October 9-10 | Prattville Marriott Legends

### 2021 APPA Spring Conference

April 23-24 | Embassy Suites, Montgomery

## APA News Briefs

### Buprenorphine and Medication Assisted Treatment Train the Trainer Program

APA in partnership with the Providers Clinical Support System, is proud to announce the 2019 Buprenorphine and Medication Assisted Treatment (MAT) Train the Trainer (TTT) Program. The Buprenorphine and MAT TTT Program is a two-day training hosted in Washington, DC, that offers an in-depth training to DEA-X waived psychiatrists who are currently prescribing buprenorphine to patients and are interested in serving as a regional buprenorphine trainer. The program aims to expand the network of local buprenorphine trainers nation-wide, increase the number of buprenorphine trainings, and expand the number of buprenorphine-waivered providers to increase access to MAT.

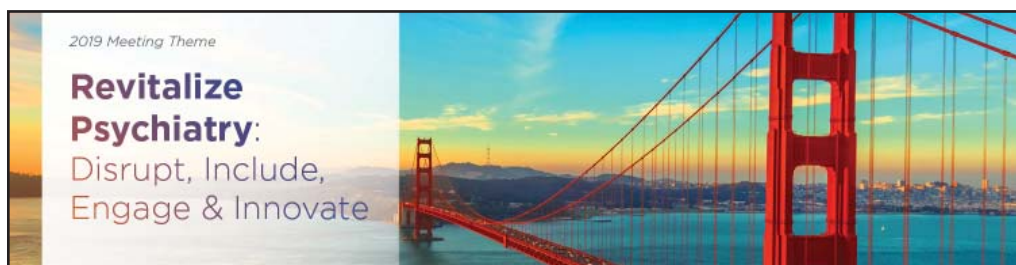
This year's program will be held from June 9-10, 2019, at the APA main office in Washington, DC. APA will provide travel and accommodations for all TTT program participants in accordance with APA travel policies. All applicants are required to submit a letter of support from their respective district branch outlining plans for their first training and how they plan to secure funding. **The deadline to apply for the TTT program is Friday, April 29, 2019.**

There is no fee to apply or participate in the TTT program. Visit the Buprenorphine and MAT TTT [program website](#) to learn more eligibility and application requirements.

Please contact Rachel Trusty at [rtrusty@psych.org](mailto:rtrusty@psych.org) for additional questions.

### Join your colleagues for APA's 2019 Annual Meeting in San Francisco

Take advantage of advanced registration rates through April 9. Your 2019 APA membership dues must be paid to qualify for member registration rates. You can register and find out more about the 2019 Annual Meeting, including the APA's 175th Anniversary Celebration, by visiting [Psychiatry.org/annualmeeting](http://Psychiatry.org/annualmeeting).



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### Alabama Psychiatric Physicians Association

19 S. Jackson Street |  
 Montgomery, AL 36104

(334) 954-2500

Fax (334) 269-5200

[www.alabamapsych.com](http://www.alabamapsych.com)

J. Luke Engeriser, MD,  
 Publisher

Meghan Martin,  
 Executive Editor

Charlotte H. Morris,  
 Senior Editor

*Articles or advertisements should be sent to Charlotte H. Morris, at [cmorris@alamedical.org](mailto:cmorris@alamedical.org) two weeks in advance of printing.*

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